

CUT THE CRAP GAME

Calendar of Suggestions * Cross Off Each Day Completed * Cut Crap Your Way ** Oct. 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 LET'S GO! One big thing? One small thing? One drawer?	2 Two things? Easy as pie to double the crap cut from Day One!	3 Too Busy? Toss old makeup. BOOM 3 bits o'crap cut!	4 Surely you have 4 old bras? Seriously. Get 'em gone.	5 Toss old wrapping paper ya saved for NO REASON!	6 1 thing from EACH room could be fun. Realizing "fun" is a subjective term.	7 At least ONE weekend day cut some BIG CRAP!
8 Honestly? Do you need those cords?	9 Spin the Lazy Susan of Crap and see what you can toss!	10 Start a bag o'clothes to donate. Someone else can enjoy the sequin tube top.	11 "We do not need to save EVERYTHING our children create." - Dolores Picasso	12 Busy? 12 mismatched socks qualify as crap removal. It only takes a minute.	13 BIG WEEKEND IDEA Head to the basement & cut some crap!	14 Can someone explain how to throw away an old garbage can? Srsly.
15 HALF WAY THERE! Less crap becomes you. You are glowing!	16 "Simplicity is the ultimate sophistication." - Leonardo da Vinci	17 Better off shred. Commit to shredding some paper that's drowning you!	18 Donating books to libraries is a nice thing. Just sayin.	19 1/3 of your pillow's weight is due to dead skin, dust mites & bugs. Hold on, just threw up in my mouth a little.	20 BIG WEEKEND IDEA Head to attic & release the children. (JOKE for VC Andrews Fans. Calm yourself.)	21 "The ability to simplify means to eliminate the unnecessary so that the necessary may speak." -Hans Hofmann
22 JUNK DRAWER O'RAMA? CRAP O'RAMA!	23 Have you unearthed a treasure? I mean did you know we had a treadmill?	24 You are doing great. This isn't easy. And you're CRUSHING IT!	25 "It is always the simple that produces the marvelous." -Amelia Barr	26 FINISH STRONG. Sit in a comfy chair. Breathe. Think. What item are you avoiding? Why?	27 BIG WEEKEND IDEA Walk into the garage and cut some crap!	28 Clothes, Clothes Clothes, yeah. (Sung to Lies, Lie, Lies, by the Thompson Twins.)
29 Take the Bags 'O Clothes to Charity!	30 30 Items. That's a lot. Tomorrow 31. Two HUGE Days. You've built up to it. It's going to feel SO GOOD!	31 496 Items GONE. You did it! Look around your home. It is beautiful. YOU are too!	31 "You have succeeded in life when all you really want is only what you really need." - Vernon Howard			
						REBECCAREGNIER.COM

RULES

Day of the Month = No. Of Items

Each day remove items of clutter. The NUMBER of items corresponds to the date. October 10th = Ten items to toss, donate, or sell. **By October 31st 496 items of CLUTTER are out of your life!**

Why a Game?

Clutter can be overwhelming. Sometimes it all seems too much to tackle! We're playing the Cut the Crap Club Game to keep it manageable, so we stick with it!

Support

The Cut the Crap Club group on Facebook is for support, inspiration, ideas, and sharing our success! No judgement on what or how we Cut the Crap. We're here to HELP each other!